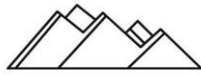


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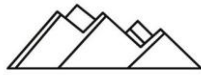


## Camp Descriptions

### General Camp Information

- All camps include a t-shirt and journal. One shirt/journal per participant even if registered for multiple camps.
- Individual meetings may be set up to meet Julia, her dogs, Todd and Willow, and check out the headquarters where camp will be held. Contact Julia to schedule a time.
- References provided on request.
- A 50% deposit is due at registration with the balance due 1 week before camp starts.
- Payment can be made by Venmo, cash, or check.
- Must have a minimum of 2 participants to have camp that week.
- In case of rain—we will still try to do our activities outside if the rain is not too heavy and the trails are not too muddy. For heavy rain/severe weather days, we will be staying at Headquarters and doing a modified version of our camp.
- Grade refers to the grade the camper finished in May 2025. Grade levels for each camp are based on the activities we plan to do, transportation, and safety for campers.
- Extended care options available.
- Option to host some of the camps in Red Oak, Storm Lake, or Clear Lake if there is enough interest.
- Registration forms available on the website. Waiver must be signed and returned no later than the day the camper starts camp.
- Think your child is too old for camp? We will take all ages! These are especially great options for kids 12-15 who don't drive and don't have jobs yet but need something to do.
- Get your friends and all enroll in a camp together!

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## Camp Descriptions

### Backyard Nature

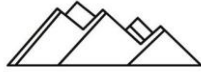
<b>June 10-12</b>	<b>9am-4pm</b>	<b>\$100</b>
<b>Single Day option</b>		<b>\$37</b>

This 3-day camp is designed to get campers used to being outdoors and interacting with nature. We will be exploring plants and animals that live in our own neighborhoods. We will be using items we find in the outdoors to make art projects, learn about and create animal habitats, and take our neighborhood “hikes.” This camp is suitable for campers **Kindergarten and up**. Campers will bring their own lunch. Snack will be provided.

#### Daily Schedule

- Arrive at Julia’s—morning yoga, set daily goals
- Animal and plant of the day
- Picnic lunch
- Natural art, neighborhood hike, science in nature
- Snack
- Daily recap and journaling
- Outside play time

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## Camp Descriptions

### Farm Adventures

**June 23-26      9am-4pm      \$175**

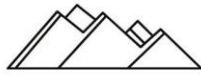
**Single Day Option      \$45**

As many of you know, I grew up in a farming family in Southwest Iowa. I try to keep my kids connected to this lifestyle as much as I can. Our four-day camp for grades **Kindergarten and up** this week gets kids into some of that farm environment and learning about all kinds of animals and chores. We will make snack to take with us like we do with our other camps and head out to our farm of the day.

- We will visit 4 farms to learn about how to care for different animals, growing vegetables, fruits, and traditional row crops, as well as other perks of farm life.
- Specific information on each farm will be available closer to the time of camp. All will be located in Central Iowa.

This camp may include chores at the various farms or conditions which may involve jeans and sturdy shoes. We will be around all kinds of animals, hay, dirt, dust, and all kinds of outdoor plants. If your child has asthma or allergies, please plan accordingly. I will have a supply of Kleenex, anti-itch cream, and Benadryl...partly for me...partly for your kids! Afternoon activities may include creek walks, canoeing, pond discovery, afternoon snack and other fun things to cool off in the heat. As we will be driving, we are limited to 6 participants. Campers will bring their own lunch.

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## Camp Descriptions

### Challenge Camp

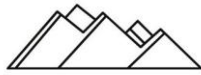
<b>July 7-10</b>	<b>9am-4pm</b>	<b>\$125</b>
<b>Single Day option</b>		<b>\$37</b>

Who's ready for a challenge? We are going to spend these 4 days challenging ourselves to try new things, go farther, and go bigger. Some of our challenges will include setting up a tent, slack line, obstacle course, and some "tamer" activities like learning to make yeast bread and making art projects. We will also be taking a longer walk to a creek for some creek-walk fun provided the water is at an acceptable level. This camp is suitable for campers **Kindergarten and up**. Campers will bring their own lunch. Snack will be provided.

#### Daily Schedule

- Arrive at Julia's—morning yoga, set daily goals
- Morning challenge
- Picnic lunch
- Afternoon challenge
- Snack
- Daily recap and journaling
- Outside play time

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## Camp Descriptions

### Adventure Camp

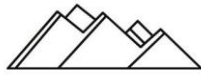
<b>July 21-24</b>	<b>9am-4pm</b>	<b>\$175</b>
<b>Single Day option</b>		<b>\$45</b>

Adventure awaits during these 4 fun-filled days of camp! Each day will feature one main activity that is a little more adventurous than our other camps—kayaking, paddleboarding, rock wall climbing, and some more difficult hikes just to name a few options. As with every camp, we will do lots of hiking and exploring, have snack, and do nature art projects. Due to the more advanced nature of this camp, it is most suitable for **5<sup>th</sup> grade and up**. Campers will bring their own lunch. Snack will be provided.

#### Daily Schedule

- Arrive at Julia's—make snack, set daily goals
- Adventure time!—We will head out to our adventure activity of the day. Each day's destination will be posted prior to that day
- Picnic lunch
- Snack
- Daily recap and journaling
- Back to Julia's and prep snack for the next day

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## Camp Descriptions

### Summer's Last Blast

<b>August 18-21</b>	<b>9am-4pm</b>	<b>\$150</b>
<b>Single Day option</b>		<b>\$40</b>

Summer break is almost over! Let's fill this last week with some fun and adventure! We are going to hit many of the classic summer camp activities this week. For 4 days we will be hiking, splashing in creeks, doing a scavenger hunt, and finding all kinds of things to explore! We will be learning about local wildlife, doing crafts, and making snacks. We are going to pack as much as we can into these few days to have as much FUN as we can before heading back to school. This camp is suitable for campers **Kindergarten and up**. Campers will bring their own lunch. Snack will be provided.

#### Daily Schedule

- Arrive at Julia's—make snack, set daily goals
- Head out for exploration and adventure! Each day's destination will be posted the previous day.
- Picnic lunch
- Afternoon Exploration: Creek walk, leaf tracing, pond study, prairie exploration, nature art
- Snack
- Daily recap and journaling
- Back to Julia's and prep for the next day