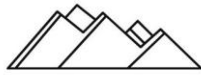


*JULIA ON THE EDGE*

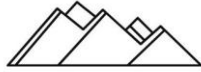


## Camp Descriptions

### **General Camp Information**

- All camps include a t-shirt and journal. One shirt/journal per participant even if registered for multiple camps.
- Open-houses will be held in April, and May to meet Julia, her dog, Todd, and check-out the headquarters where camp will be held. Dates TBD.
- References provided on request.
- A 50% deposit is due at registration with the balance due 1 week before camp starts.
- Payment can be made by Venmo, cash, or check.
- Must have a minimum of 2 participants to have camp that week.
- In case of rain—we will still try to do our activities outside if the rain is not too heavy and the trails are not too muddy. For heavy rain/severe weather days, we will be staying at Headquarters and doing a modified version of our camp.
- Grade refers to the grade the camper finished in May 2024. Grade levels for each camp are based on the activities we plan to do, transportation, and safety for campers.
- Extended care options available.
- Option to host some of the camps in Red Oak, Storm Lake, or Clear Lake if there is enough interest.
- Registration forms available on the website. Waiver must be signed and returned no later than the day the camper starts camp.
- Think your child is too old for camp? We will take all ages! These are especially great options for kids 12-15 who don't drive and don't have jobs yet but need something to do.
- Get your friends and all enroll in a camp together!

JULIA ON THE EDGE



## Camp Descriptions

### **Backyard Nature—Just Added!**

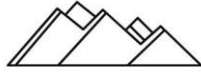
<b>June 3-5</b>	<b>9am-4pm</b>	<b>\$100</b>
<b>Single Day option</b>		<b>\$37</b>

This 3-day camp is designed to get campers used to being outdoors and interacting with nature. We will be exploring plants and animals that live in our own neighborhoods. We will be using items we find in the outdoors to make art projects, learn about and create animal habitats, and take our neighborhood “hikes.” This camp is suitable for campers **Kindergarten and up**. Campers will bring their own lunch. Snack will be provided.

#### Daily Schedule

- Arrive at Julia’s—morning yoga, set daily goals
- Animal and plant of the day
- Picnic lunch
- Natural art, neighborhood hike, science in nature
- Snack
- Daily recap and journaling
- Outside play time

JULIA ON THE EDGE



## Camp Descriptions

### Challenge Camp—Just Added!

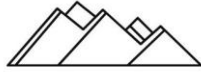
<b>June 10-12</b>	<b>9am-4pm</b>	<b>\$100</b>
<b>Single Day option</b>		<b>\$37</b>

Who's ready for a challenge? We are going to spend these 3 days challenging ourselves to try new things, go farther, and go bigger. Some of our challenges will include setting up a tent, slack line, obstacle course, and some "tamer" activities like learning to make yeast bread and making art projects. We will also be taking a longer walk to a creek for some creek-walk fun provided the water is at an acceptable level. This camp is suitable for campers **Kindergarten and up**. Campers will bring their own lunch. Snack will be provided.

#### Daily Schedule

- Arrive at Julia's—morning yoga, set daily goals
- Morning challenge
- Picnic lunch
- Afternoon challenge
- Snack
- Daily recap and journaling
- Outside play time

JULIA ON THE EDGE



## Camp Descriptions

### **Camp Extravaganza!** **Currently Full**

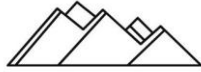
<b>June 18-20</b>	<b>9am-4pm</b>	<b>\$115</b>
<b>Single Day option</b>		<b>\$40</b>

We are going to hit many of the classic summer camp activities this week. For 3 days we will be hiking, splashing in creeks, doing a scavenger hunt, and finding all kinds of things to explore! We will be learning about local wildlife, doing crafts, and making snacks. We are going to pack as much as we can into these few days to have as much fun as we can! This camp is suitable for campers **Kindergarten and up**. Campers will bring their own lunch. Snack will be provided.

#### Daily Schedule

- Arrive at Julia's—make snack, set daily goals
- Hike and explore—each day's destination will be posted prior to that day
- Picnic lunch
- Daily featured activity: Creek walk, leaf tracing, pond study, prairie exploration, natural art
- Snack
- Daily recap and journaling
- Back to Julia's and prep snack for the next day

JULIA ON THE EDGE



## Camp Descriptions

### Farm Adventures **1 Opening**

**June 24-27**    **9am-4pm**    **\$150**

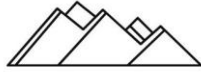
**Single Day Option**                    **\$40**

As many of you know, I grew up in a farming family in Southwest Iowa. I try to keep my kids connected to this lifestyle as much as I can. Our four-day camp for grades **Kindergarten and up** this week gets kids into some of that farm environment and learning about all kinds of animals and chores. We will make snack to take with us like we do with our other camps and head out to our farm of the day.

- We will visit 4 farms to learn about how to care for different animals, growing vegetables, fruits, and traditional row crops, as well as other perks of farm life.
- Specific information on each farm will be available closer to the time of camp. All will be located in Central Iowa.

This camp may include chores at the various farms or conditions which may involve jeans and sturdy shoes. We will be around all kinds of animals, hay, dirt, dust, and all kinds of outdoor plants. If your child has asthma or allergies, please plan accordingly. I will have a supply of Kleenex, anti-itch cream, and Benadryl...partly for me...partly for your kids! Afternoon activities may include creek walks, canoeing, pond discovery, afternoon snack and other fun things to cool off in the heat. As we will be driving, we are limited to 6 participants. Campers will bring their own lunch.

JULIA ON THE EDGE



## Camp Descriptions

### Summer Staycation

**July 1-3**      **9am-4pm**      **\$100**

**Single Day Option**      **\$37**

Think of all the places you would like to go on a summer vacation. We are going to “recreate” some favorite vacation spots right here at Julia on the Edge Headquarters! While most of our time will be spent at Headquarters, we will also take a couple of “field trips” to recreate some of our destination fun. Campers will bring their own lunch. Destination-themed snacks will be provided. **Kindergarten and up.**

- Day 1: Mexican Beach Vacation
- Day 2: Mountain Adventures
- Day 3: Disney Magic

### All the Parks **Currently Full**

**July 8-11**      **9am-4pm**      **\$150**

**Single Day Option**      **\$40**

Polk County has 26 county parks and trails. How many of them can we explore? We are going to pick a park to go to each day to check out their trails, their wildlife, and find out how each one is unique. By the end of the week we will be able to make a poster of what we saw and did.

A few of our options include:

- Yellow Banks Park
- Thomas Mitchell Park
- Jester Park
- Carney Marsh
- Brown’s Woods
- Mally’s Park
- Chichaqua Bottoms
- Margo Frankl Woods
- Big Creek State Park—Not a county park but still close

Campers will bring their own lunch. Snack will be provided. **Kindergarten and up.**