



## Summer Camp Series Information

Thank you for your interest in the Julia on the Edge Summer Camp Series! Our aim is to provide children with a quality summer day camp experience focused on healthy eating, active living, and an appreciation for the outdoors. Each camp will be a little different depending on the theme. Please see the individual camp descriptions for more information. Below are some general policies that will apply to all camps and programs that will help promote the health and safety of your child and will make the camp an enjoyable experience for everyone participating.

- Please apply sunscreen to your child prior to arrival and bring a bottle of sunscreen labeled with your child's name. We can assist in re-applying sunscreen as needed.
- Bug spray will be available if needed. If your child has a preference for a certain buy spray or sensitivity to certain bug sprays, please bring a bottle labeled with your child's name for use at camp.
- All half-day camps are for children ages 6-10 and will take place at my home. These camps are limited to 10 children max. We will spend the majority of the time in the backyard. We may walk to Glenbrook Park which is .25 miles away.
- Full-day camps are for children ages 10 and up. These camps will be limited to 4-6 children. Each day will start at my home. We will be going places every day according to the theme of the week. Your child will ride in my vehicle with me driving.
- Half-day camps will have a healthy snack provided. Full-day camps will have a lunch that the kids will make for themselves to take on their excursions for the day and an afternoon snack.
- Please send a water bottle with your child labeled with their name.
- We are going to be doing a variety of activities that may involve your child getting wet or dirty. Please dress them accordingly. This is not the place for cute clothes that cannot get dirty.
- I have two dogs that your child may come in contact with. Button is a 15-year-old grumpy Yorkie that will probably avoid the kids. Todd is a 3 year old excited lab mix who may be outside with us during our activities. Please let your child know to follow my directions with regard to the dogs and to not feed them anything that I do not approve first.



## Summer Camp Series Information

- Cell phones can be a lifeline and a distraction. Our activities during camp will be focused on things that do not involve the cell phone unless it is for pictures. If your child has a cell phone, they will be asked to put the phone in a basket or keep it in a backpack. If you need to contact them, please call/text me so I can have them check their phone.
- Please drop your child off no later than 15 minutes prior to the start of camp and pick them up promptly at the end of camp. If you are going to be late, please call or text me. If we have repeated late pick-ups, a late pickup fee may be charged. There will be a sign-in sheet for caregivers to sign their child in and out on each day.
- If your child is being repeatedly disrespectful to other children or to me, I will first talk with your child about it and provide a written and verbal report to you at the end of the day. If your child continues to be disrespectful, I will ask for a conference with you and your child to find a way to resolve the matter. Your child will not be allowed to return to camp until we have this conference. Upon a third occurrence of this behavior, your child will be asked to not attend the remainder of the camp.
- At the beginning of the week, we will review guidelines for how we treat ourselves and others. Everyone will be asked to agree to these guidelines and a copy of them will be provided to you.
- These camps will be fun if your child participates! We want everyone to be active and get involved with the activities. That said, I know that some kids just aren't fans of the outdoors or movement and are reluctant to try some foods including fruits and veggies. And...that may be exactly why you put them in this camp—to try new things and hopefully create at least a tolerance of movement, the outdoors, and new foods. We will all do our best to make this a great experience for your child and get them to participate!
- COVID Statement: Cleaning of all surfaces will occur daily after every session. Hand sanitizer will be provided and frequent hand washing will be encouraged. Your child is welcome to wear a mask if you desire. Please monitor your child for illness and keep them home if you see any signs of any illness of any kind.

I am so excited to share my love of the outdoors and being active with your child! I'm sure that we will try new things, make new friends, and probably get a little sweaty and dirty during our time together!

*JULIA ON THE EDGE*



## **Summer Camp Series Information**